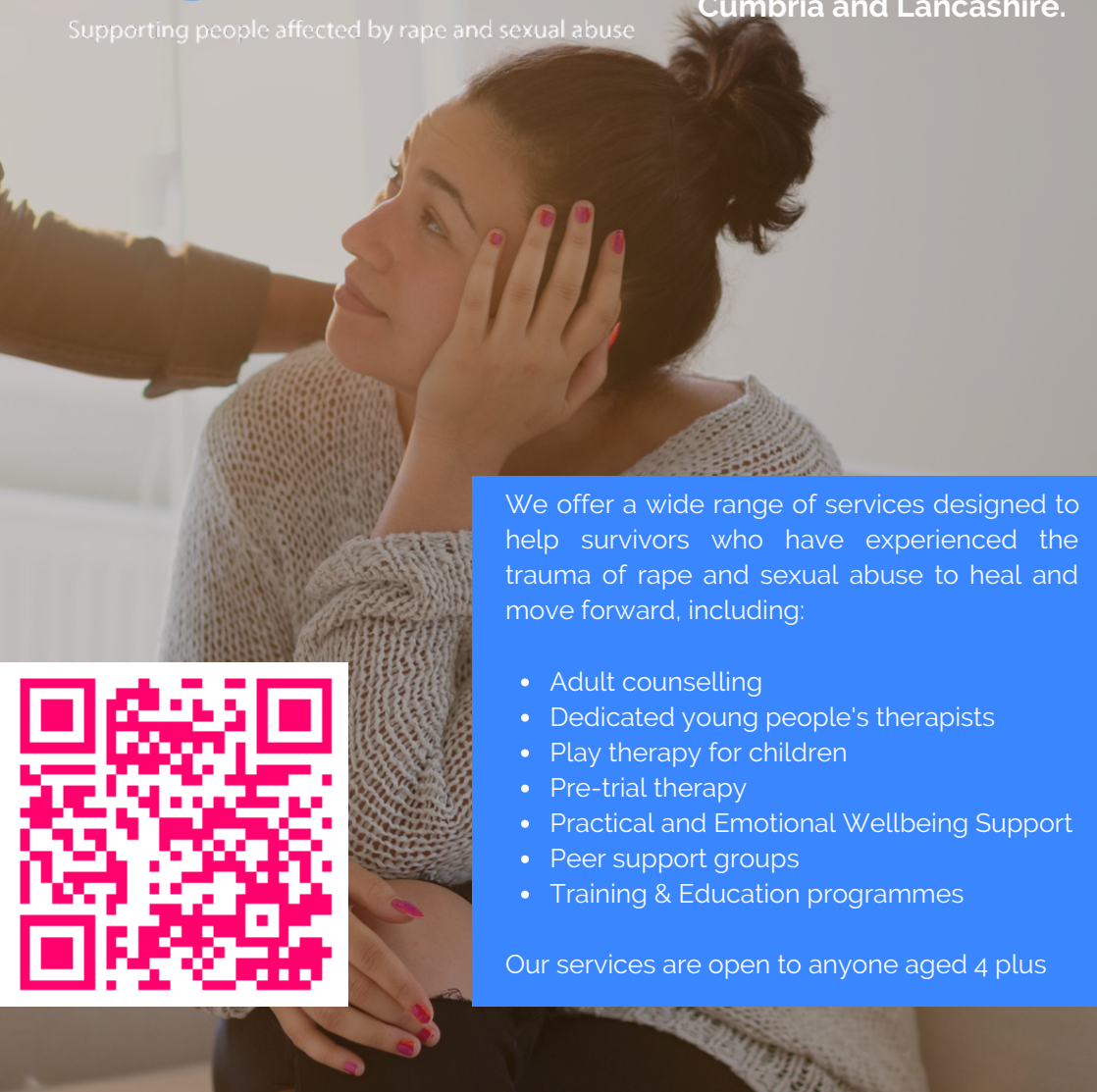




Supporting people affected by rape and sexual abuse

Know someone who might need our services? We have safe spaces across Cumbria and Lancashire.



We offer a wide range of services designed to help survivors who have experienced the trauma of rape and sexual abuse to heal and move forward, including:

- Adult counselling
- Dedicated young people's therapists
- Play therapy for children
- Pre-trial therapy
- Practical and Emotional Wellbeing Support
- Peer support groups
- Training & Education programmes

Our services are open to anyone aged 4 plus



How to refer someone to us?

We have an easy online Referral service. Simply visit our website: www.birchalltrust.org.uk or, scan the QR code above. Click the 'Refer Here' button at the top of our web page and click 'Agency Referral'.

Get In Touch!

enquiries@birchalltrust.org.uk
www.birchalltrust.org.uk

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Registered Company No: 5424196